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## **Oceanman hits Jericho surf**

By BOB MACKIN, 24 HOURS

The forecast is ideal for Sunday's seventh annual Jericho Oceanman beach adventure race.

More than 150 men and women are expected to swim one kilometre, kayak six km and run eight km beginning at 10 a.m. at Jericho Sailing Centre.

Racers can expect a mystery event. A 50-metre air mattress paddle and beachside croquet were in previous Oceanmans "to make it fun, spectator friendly and to take the seriousness of triathlon out of it," said race director Gary Parsons.

Surf to [www.oceanman.ca](http://www.oceanman.ca) for information.